

## Abstract

An orthotic device comprising a generally foot shaped body including depressable relief segment(s) that underlie the metatarsalphalangeal aspect of the foot and, optionally, the heel of the foot. These segments are provided by relieved areas cut or otherwise provided in the indicated areas of the orthotic device in such a way as to interdigitate within the device to define resilient segments that are depressed by the application of the weight of a user thereto and return to their original configuration upon removal of some or all that weight.

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